

Moravian Women's Association

Home and Overseas Paper

March 2019

Here is some information about two of the charities which the MWA is supporting, £1,500 has gone to Key4life, and £750 to Tameside Hospital's Macmillan Care Unit

PS, while writing this Paper, my spellchecker preferred "*Nirvana Women's Association*" to "Moravian Women's Association". One of the definitions of "*Nirvana*" is "*a state of total bliss or happiness*", wouldn't it be nice to belong to such an association?

Key4Life

"Key4Life has built a reputation for delivering effective rehabilitation programmes for young men in prison and those at risk of going to prison. To date, we have completed eight prison programmes in London and the South West, alongside two preventative 'At Risk' programmes in Somerset, with the support of the Police and Councils across the county, alongside a successful pilot 'At Risk' London programme.

We have commenced the first-ever residential programme at HMP Guys Marsh, in Dorset, in a designated wing in the prison. Key4Life is very much embedded in the Governor's strategy to turn the prison around over the next two to three years.

- We have a reoffending rate of just 14% compared to national average for 64% one-year post release and 61% in sustained employment - 4 times the national average.
- Moreover, from an economic point of view, our independent research shows that for every £1 invested, Key4Life generates £17.06 in social value over three years through economic benefits, human capital gains, avoided Exchequer costs and wellbeing improvements among programme participants. This equates to Key4Life generating £6.13m in social value to date.
- It costs £5,000 to put a young person through the Key4Life Programme, while it costs the tax payer £37,000 to keep one young offender in prison for a year.

Key4Life's 7-step model is tackling the root causes and not just the symptoms of re-offending. Our independent research study has highlighted the notable impact of Key4Life in developing emotional resilience and employability skills.

We are delighted with the engagement of companies with the Charity to help these young men onto a new path through mentoring, work tasters, and ultimately to assist them in finding and sustaining long-term employment in order to create a new future."

Tameside & Glossop Macmillan Cancer Information & Support Service at Tameside Hospital

“No one should face cancer alone. We offer emotional support and practical information to anyone affected by cancer.

Access to information & support on all aspects of living with cancer e.g work, finances, benefits, social concerns, emotional issues and managing side effects.

A comfortable room where you can talk to someone in private.

The opportunity to discuss what you are going through.

The opportunity to have your voice heard & if you wish give feedback to inform & improve service.

Encourage people to talk about cancer benefits & financial advice, or refer you to Macmillan financial & benefits specialists for support.

Information and support over the phone for those not able to access the service in person.

We can put you in touch with support groups & social events in your area.

We can signpost & refer to support services including: physiotherapy, complementary therapies, emotional support and counselling service.

Being Active courses which offers gentle exercise appropriate to you.

Head Start, Looking good feeling Better, and volunteer support.”

Naomi Hancock